

Presented by:



# DementiaAbility Methods: The Montessori Way™

2-Day Workshop



## Why attend?

The number of people with dementia is increasing. This workshop is based on what we know about changes to the brain and behaviour, and what can be done to help. These approaches are aimed at helping people in all stages of dementia, with a focus on enriching lives through cognitive supports and creating meaningful and purposeful things to do that are based on needs, interests, skills and abilities.

**Thursday, April 23 &  
Friday, April 24, 2015**

**Bartimaeus**  
290 North Queen Street, Suite 112  
Toronto, ON  
M9C 5L2

**Speaker: Carol Saba**

## Who Should Attend?

Everyone working in dementia care should attend this workshop, including:

- recreation planners
- nurses
- personal support workers
- social workers
- occupational therapists
- physiotherapists
- educators & students
- physicians

Volunteers and family members will also benefit from attending this workshop.



## Day 1:

**Registration:** 8:30 am – 9:00 am

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### Introduction to DementiAbility Methods: The Montessori Way™

#### Understanding Dementia:

- An Examination of Abilities
- Exploring the Relationship between Responsive Behaviours and the Question “Why?”
- Finding the person behind the dementia
- The 3 D’s (Dementia, Depression & Delirium)

#### Memory:

- Procedural Memory (spared)
- Declarative Memory (must be supported)
- Spared capacity in dementia

Making connections: Dr. Maria Montessori’s pioneering work, multidisciplinary work, and dementia

- The How is in the Wow
- Body, Mind, and Spirit
- Needs, Interests, Skills, and Abilities
- The key to success: The Montessori Principles – The DementiAbility Way
- Creating and Presenting Activities
- Roles and Routines

## Day 2:

**Start Time: 8:30 am**

### Review

The Principles - continued from Day 1...

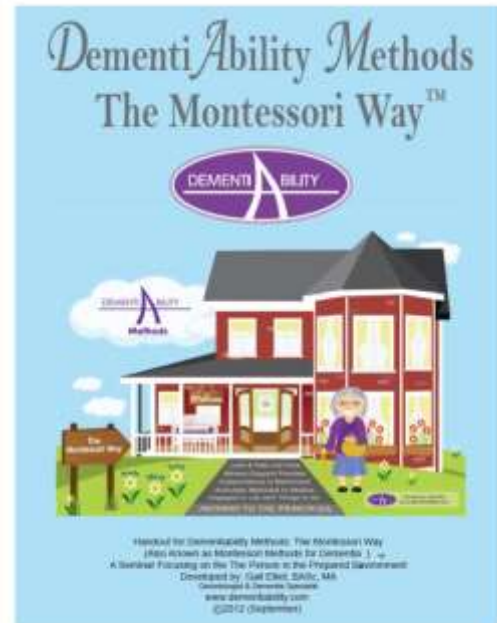
**DementiAbility Methods: The Montessori Way™ is for:**

- A home/program (as a philosophy/model of care)
- Individuals
- Groups

### Examples of the Supporting Environment

#### Group Exercise:

- Putting DementiAbility Methods: The Montessori Way™ into Practice
- Role Play



**Workshop Manual  
Provided!**

**Creating & Presenting DementiAbility Activities**

**Addressing Responsive Behaviours with DementiAbility Methods: The Montessori Way™**

**Group Work & Role Play**

**Doing Things Differently**

**Making a commitment to change practice – 10 things I will change.**

### Facts About This Workshop:

This workshop has been developed by **Gail Elliot**, BSc., MA, Gerontologist & Dementia Specialist, and Founder of DementiAbility Enterprises Inc.

Gail's work is being used and implemented globally. She works closely with the Occupational Therapists Association of Hong Kong, the Alzheimer's Society of Australia and has taught this workshop across Canada. In Ontario, the Ministry of Health has adopted this workshop as one of its four educational programs for dementia and it is included as one of the core courses in the McMaster University Geriatric Certificate Program.

Gail is the author of the book *Montessori Methods for Dementia: Focusing on the Person in the Prepared Environment*, which is currently available for purchase in Canada, the United States, Australia and Hong Kong (where it is currently being translated into Chinese).

The Montessori Methods for Dementia™ book is available for purchase along with other resources at: [www.dementiability.com](http://www.dementiability.com)

## About This Workshop:

**This 2-day program** focuses on DementiAbility Methods: The Montessori Way™. DementiAbility Methods™ offer an innovative, evidence-based approach to working with older adults who are living with cognitive loss, using Dr. Maria Montessori's Principles along with research from diverse disciplines in aging and dementia. The aim is to support the person in a prepared environment, offering cognitive strategies that are developed according to needs, interests, skills and abilities. The emphasis is on enriching and enhancing daily life by providing interventions that build in supports that will maintain/enhance function while also providing opportunities to be engaged in life and living according to the needs and abilities of each person. Research has provided clear evidence of enhanced function when memory cueing, sequencing and other such strategies, have been put in place. Also, increased levels of engagement and participation in activities are witnessed when DementiAbility approaches are implemented with persons with dementia.

Participants in this workshop will learn about what happens to the brain and memory when one has been affected by dementia. Based on this information you will discover how to create supportive strategies/interventions according to what we know and what we observe. Workshop participants will engage in practical "hands on" group work that is aimed at applying these innovative techniques. The first day of the program focuses on the facts (knowledge) and the second day focuses on putting the concepts into practice for specific clients, activities and environments.

### Objectives:

1. Identify the key components of DementiAbility Methods: The Montessori Way™ based on knowledge about:
  - a) Dementia, excess disability and spared capacity;
  - b) memory (procedural and declarative); and
  - c) the importance of creating supportive environments and environmental cueing.
2. Describe DementiAbility Methods: The Montessori Way™ Model and know how to put each component part into practice, with an emphasis on understanding the person behind the dementia and recognizing that programming/goals/philosophy of care are to be based on the individual's needs, strengths, skills, interests and abilities.
3. List and describe the Montessori Principles, as modified for dementia, and understand how they can be adopted as a philosophy of care as well as a framework for programming.
4. Create and present roles, routines and program activities based upon Montessori principles, framed around the four classes of activities and individual needs, interests, skills and abilities.
5. Know how to put the All About Me, WOW model and other tools into practice, and be prepared to use these tools when working with teams and individuals with dementia.

### What did I learn?

The HOW is in the WoW! | Connect needs with interests & abilities | Wayfinding strategies | Memory cueing | Sequencing | Looks and feels like home | Add purpose and meaning

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Toronto, ON M9C 5L2

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone (B): \_\_\_\_\_ Other: \_\_\_\_\_

Job Title: \_\_\_\_\_

### Registration Fee

Early Bird Rate: 1 @ \$400.00 + 13% HST = \$452.00 \$ \_\_\_\_\_

After April 10, 2015: 1 @ \$450.00 + 13% HST = \$508.50 \$ \_\_\_\_\_

**\* Workshop fee includes workshop handout, lunch, and refreshments at break.**

Montessori Methods for Dementia™ Book by Gail Elliot (2013)

**SPECIAL WORKSHOP PRICE** 1 book @ \$40.00 + 5% HST = \$42.00 \$ \_\_\_\_\_

*Carry on Reading* (Books designed especially for people with dementia. See website for titles @ [www.dementiability.com](http://www.dementiability.com))

Set of 4 books: \$24 + 5% HST = \$25.20 \$ \_\_\_\_\_

*WORK IT SERIES* – Games for Cognitive Stimulation (Books are laminated. See website for titles @ [www.dementiability.com](http://www.dementiability.com))

\$20.00 each + 5% HST = \$21.00 \$ \_\_\_\_\_

**Total Enclosed** \$ \_\_\_\_\_

### How to Register:

- 1) Registration online at: [www.dementiability.com](http://www.dementiability.com)
- 2) Fax completed form to:  
1-800-694-5893
- 3) Mail completed form to:  
2185 Grenville Dr., Suite 101  
Oakville, ON L6H 4X1



Please make cheque payable to: DementiAbility Enterprises Inc.

Method of Payment:  CHEQUE  MONEY ORDER  VISA  MASTERCARD

Account # \_\_\_\_\_ Expiry Date \_\_\_\_\_